

## Baggie Ice Cream (one serving)

½ cup (125 ml) milk

1 tablespoon (12 grams) sugar

¼ teaspoon (1 ml) vanilla

Small resealable plastic bag

Large resealable plastic bag

3 tablespoons rock salt

Measuring cups & spoons

Place the milk, sugar and vanilla in a small plastic bag and seal. Fill a large plastic bag with rock salt and ice. Shake. Make one recipe for each child.