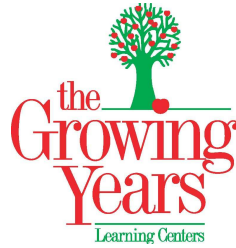


The Growing Years Menu



Monday:	
Morning Snack:	Toasted English Muffins, Milk (soy available)
Lunch:	Tator Tot Casserole (chicken & cheese), Broccoli, Apple Sauce, Milk (Soy)
Snack:	Graham Crackers, Milk (Soy)
Tuesday:	
Morning Snack:	Kix Cereal, Milk (Soy available)
Lunch:	Beef Stroganoff w/ noodles, Garden Salad with Dressing, Mandarin Oranges, Bread, Milk (Soy) (Noodles w/ Blackeye Peas – vegetarian)
Snack:	Rice Cakes, Apple Juice
Wednesday:	
Morning Snack:	Oatmeal with Raisin and Brown Sugar, Milk (soy)
Lunch:	Cheese&Egg Quiche, Lima Beans, Pears, Bread, Milk (soy)
Snack:	Vanilla Wafers, Milk (Soy)
Thursday:	
Morning Snack:	Cheese Toast on Wheat Bread Milk (soy available)
Lunch:	Sloppy Joes w/ Ground Beef on Bun, Peas, Pineapple, Cheese slice, Milk (soy) (Grilled Cheese – vegetarian)
Snack:	Pretzels, Apple Juice
Friday:	
Morning Snack:	Waffles, Milk (soy available)
Lunch:	BBQ Chicken Legs, Creamed Potatoes, Green Beans Bread, Milk (soy)
Snack:	Oatmeal Cookies, Milk (Soy)